

2 Truths & 1 Lie

- What** This is an introduction icebreaker to help people get to know each other in a way that is fun, engaging and challenging for each group member.
- When** Used during the opening of a session. Best with small to medium size groups of less than 15. It can be used with larger groups but the groups should be broken into smaller table teams for the activity.
- How**
1. **Set Up:** Participants will need something to write on. Overall time should take no more than 15 minutes.
 1. **Instructions:** Hand out cards or paper and pens (or if participants bring their own, that's fine)
 2. Explain that in this an introduction activity where each person will reveal three facts about themselves. The facts will contain two truths and a lie. The participants will try to guess the lie is. The goal is to: a) convince others that your lie is truth (and that one of your truths is a lie) and b) to correctly guess other people's lies.
 3. Allow 2 to 3 minutes for writing 2 truths & a lie - this isn't easy for a lot of people - there will some scribbling out, etc. The slower people will probably need to be urged along to "put anything you can think of" down.
 4. Ask for a volunteer to start the introductions. Have each person introduce themselves beginning with their name and who they represent or where they work. Then in no particular order tell everyone three facts about yourself. One of the facts will be a lie.
 5. Everyone will vote, by show of hands, on which was the lie. Obviously, the object is to be a convincing liar because the best liar wins.
 6. The facilitator will then ask the individual to reveal their lie to everyone.